



FAMILY GUIDE

WEEK 1

THE BIG IDEA:

Keep practicing what matters most

THE BIBLE LESSON:

Training to Win the Prize 1 Corinthians 9:24-25

(supporting: Matthew 22:36-40)

MAKE IT STICK!

1

WE BELIEVE IN MAKING SCRIPTURE STICK.

Items Needed:

Melody of America (My Country 'Tis of Thee)

With the melody of the song "My Country 'Tis of Thee" in mind, sing the memory verse.



Training the body has some value

But being Godly has value

In every way



1 TIMOTHY 4:8

"Training the body has some value, but being Godly has value in every way."

THE BREAKDOWN

Training for a race is more work than we realize. In this episode, we learn that training for a race and living for God require training, and a detailed plan of action.

SPEAK IT OUT!

3

HERE ARE SOME STATEMENTS RELATED TO TODAY'S LESSON THAT YOU CAN SPEAK OUT AS A FAMILY EVERYDAY!

1. "Thank you God for helping me put you first."
2. "God, what you say has the most value"
2. "I will train myself to do what God says"

TALK IT OUT!

2

CONTINUE THIS CONVERSATION AS A FAMILY.

Fill In The Blank

Questions For the Family

Q: What sport does the Apostle Paul use as an example in one of his letters to the church?

A: Running a race

Q: What do you need to run a race?

A: A training plan

Q: What are the four pieces to the training plan?

A: Hear, Pray, Talk, Live

PRAY IT OUT!

4

WE WANT TO ENCOURAGE YOU TO PRAY AS A FAMILY. YOU CAN USE THE PRAYER BELOW:

Dear God,

Thank you for reminding me that living for you takes practice. Thank you for helping me plan each day to live for you first.

*In Jesus name,
Amen.*